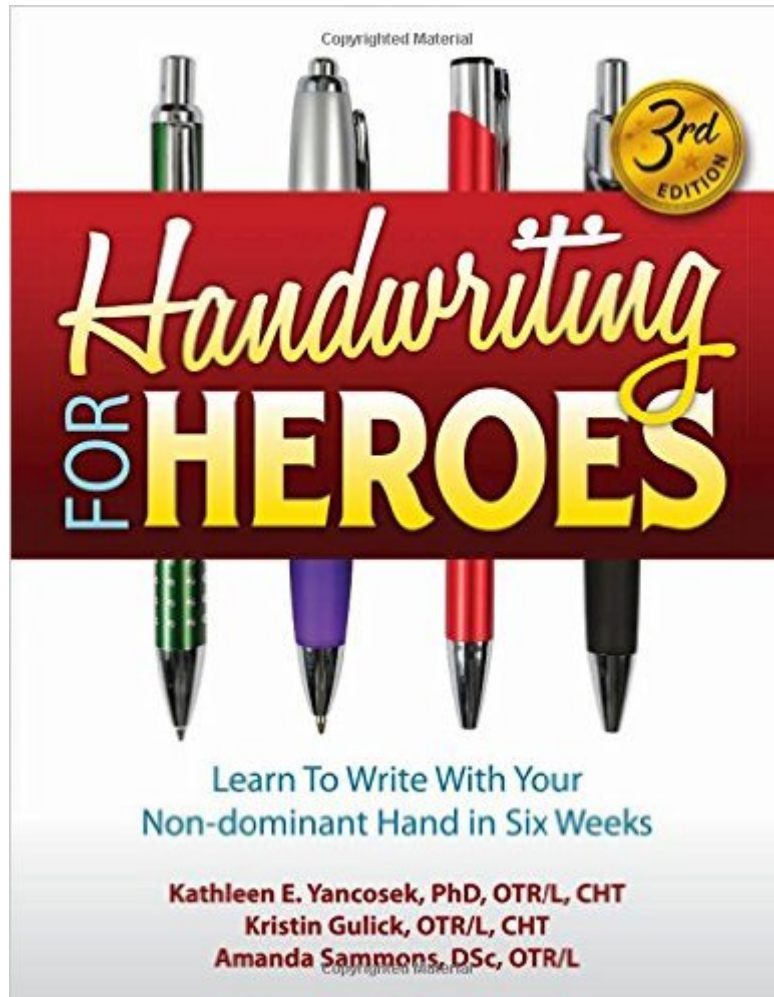


The book was found

# Handwriting For Heroes: Learn To Write With Your Non-Dominant Hand In Six Weeks. 3rd Ed.



## Synopsis

By targeting adults, this book preserves the dignity of those who must "re-learn" the basics of handwriting by providing an alternative to children's workbooks. All tasks are oriented to the adult learner. Cursive writing is easier than printing from motor and perceptual standpoints. Learning cursive writing also diminishes the challenge of having even spaces between printed letters. However, many have requested that the 3rd edition include instructions and visual demonstrations on PRINT writing. We have answered your request! Handwriting for Heroes is a task-oriented workbook that approaches learning to write with your previously non-dominant hand through meaningful repetitions of purposeful writing tasks. Handwriting for Heroes captures the extra-ordinary learning process of a very ordinary task: handwriting. The methods of instruction are based on motor learning principles and the dynamic process of skill acquisition. This is a first-of-its-kind workbook designed for adult populations who sustain injuries to their dominant hands that permanently impair dexterity functions. Learning to write with the previously non-dominant hand can be a rewarding accomplishment along the recovery path; it is an accomplishment that leads to improved self-esteem, increased opportunities for hobbies and work occupations, and one more illustration of the adult's ability to overcome adversity. Occupational Therapists Acclaim for the Handwriting for Heroes Method "I used Handwriting for Heroes with all of my patients, some had lost hand function from amputation, brachial plexus injuries, stroke, or extensive soft tissue trauma to the dominant hand. All of my patients benefited and enjoyed the workbook and how it helped them return to handwriting tasks." Stephanie E. Daugherty, MS, OTR/L, CHT, Army Lt. Col. (Ret.) "This workbook is extremely practical and functional! It is an essential tool in hand dominance retraining for the upper limb amputee." Oren S. Ganz, MOT, OTR/L "Handwriting for Heroes is more than a workbook! It is an investment into the future performance of my patients who need to return to occupations that demand handwriting. My patients enjoy the challenge and the success of the program!" -Kristi A. Say, OTR/L Learn more about this book at [HandwritingForHeroes.com](http://HandwritingForHeroes.com) From Loving Healing Press [LovingHealing.com](http://LovingHealing.com)

## Book Information

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## Customer Reviews

This review will include why I purchased this book originally, and what I believe are the target audience, the program's strengths, and what I believe are the program's weaknesses. Recently, I went through a period of almost 2 months during which I was unable to use my dominant hand at all. As an educator and inveterate note-writer, I quickly realized my loss. Using my education background, I taught myself how to write using my non-dominant hand. By the time my cast came off and I began working with a hand therapist, I was able to communicate by using my non-dominant hand to write pretty well. At some point, I discussed the program I developed for myself with my hand therapist, and we began to discuss the possibility of writing a paper together. Well, first I had to research the available materials. As predicted by my therapist, there is not much available outside of professional articles and textbooks, most of which focus on the process without providing reproducible materials. So, this book was purchased for research purposes. In reviewing the book, I found its greatest strength to be that it addressed a problem hand therapists face each day: teaching the adult patient who wants to start with cursive because of a belief that manuscript writing (printing) is for children. For this type of patient, the logic behind building skill and control from the bottom up is irrelevant. This patient cannot get past printing being for children. For this patient, this is an excellent resource. The problem with this book is that it starts with cursive, resulting in haphazard development of control over the fine motor skills inherent in manuscript writing programs. Tracing and copying of shapes (squares, rectangles, stars, boxes with diagonal lines, etc.

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